

## Psalm 32

1. The Psalm says that it is blessed to be forgiven. In other words, forgiveness is a blessing.
  - a. In what situations do you tend to see forgiveness (whether from God or others) as a significant blessing, and when do you tend to take it for granted?
  - b. How do we guard against taking God's forgiveness for granted?
2. In vv. 3-5 David talks about what happens when we fail to acknowledge and confess our sin.
  - a. What hinders us from acknowledging our sins in the first place? Why would we be reluctant to confess it?
  - b. David says that when he failed to confess "his bones wasted away," his days were filled with groaning, and God's hand was "heavy upon him." Can you relate?
  - c. This text talks about confessing our sins to God? What is the value to confessing our sins to one another? How has God used this practice in your life?
3. Ironically, even though God gives forgiveness so freely, we can sometimes struggle to receive it. We might even try to earn God's forgiveness by doing all the right things to make us feel worthy of it.
  - a. In what ways have you struggled to receive and accept the forgiveness of the Lord?
  - b. How did you get over this?
4. For others of us, we tend to presume upon the forgiveness of the Lord and use it as an excuse for sin. How do we learn to avoid this extreme as well?
5. Instead, the forgiveness of God ought to motivate us to seek God more and trust in His steadfast love. Similarly, our gratitude for God's grace ought to lead us to be serve and love Him and others.
  - a. In what ways have you seen God growing you in this area?